

Red Gelatin Hearts

Thaw 1/2 cup frozen strawberries and whirl them with juice in a blender. Stir 4 envelopes unflavored gelatin into 2 cups cold water and heat slowly until the gelatin is dissolved. Stir together the strawberries and the gelatin mixture and add one 6 ounce can unsweetened frozen apple juice concentrate. Coat a 9 by 12 inch pan with non stick cooking spray.

Pour the strawberry gelatin mixture into the pan and chill until firm.

To unmold, turn the pan upside down on a countertop.

Then cut hearts out of the gelatin with a small heart shaped cookie cutter.



Heart Waffles

Toast frozen waffles and let the children use cookie cutters to cut them into heart shapes.

Then let the children decorate their waffle hearts by sprinkling on powdered sugar.

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Love Letters

Buy a box of plain unfrosted pop-tarts, then let the children ice the pop-tarts with vanilla icing.

Then take a large conversation heart and place it in the top corner for a stamp.

Let the children use cooking sticks or tubes of fine icing to write messages!!



Cupcake Stencils

Have children help bake cupcakes in pink paper liners and prepare white frosting. Show the class how to make pink frosting by adding red food coloring. Make paper stencils in heart and dove shapes. Let each child place a stencil on his frosted cupcake and sprinkle with red sugar crystals or powdered sugar.

Carefully remove the stencil to reveal a valentine.

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